

# W.O.W

Willows Outdoor Workshop Curriculum  
(based on the concept of Forest Schools)



Children in the Early Years Foundation Stage at The Willows Primary School participate in W.O.W. sessions at least once each week.

With a wonderful woodland on the school grounds the children are able to access the natural environment in all seasons and weathers, allowing them to develop a curious relationship with the natural world.



# Nursery Summer Term

## Outcomes

We will observe spring and summer changes.  
During play we will be able to make suggestions and find solutions to help avoid conflict and rivalry.  
We will begin to show understanding of Why questions.  
During play we will use talk to organise ourselves.  
Using a variety of resources we will make complex and imaginative small worlds.  
We will explore and talk about different forces we can feel.  
Through fire pit cooking we will discuss materials and how they can change.  
We will be able to collaborate with others to manage tasks and access suitable resources to achieve this.

## Rules and Routines

We will learn and recite our two rules of Forest School

- We always listen
- We never put anything into our mouths not even our fingers
- We will not always need an adult to remind us of the rules.

## Health and Self Care

With help we will put on our puddle suits and wellington boots.  
We will independently wash our hands thoroughly once we have changed and returned to class.  
We will independently take off our wellingtons and puddle suits.

## Vocabulary

Push  
Pull  
Melt  
Explode  
Toast  
Fire Steel  
Paracord  
Dock leaf  
Meadow  
Woodland Axe  
Bow Saw  
Loppers.  
Nettle  
Branch  
Twig  
Stick  
Warmth

## Activities

Mud play  
Den Building  
Shelter building  
Cooking on an open fire (Adult and child 1-1 or 1-2 ratio)  
Popcorn and Toast  
Woodland Walks  
Hide and Seek  
Demonstration of Tools  
Knot Tying  
Cloud Gazing  
Mini Beast Hunt  
Picnic  
Looking after the vegetable patch



# Reception Summer Term

## Outcomes

We will learn about spring and summer changes.  
We will set goals and try our best to achieve these.  
We will be confident to try new activities, show independence and resilience when facing a challenge. We give focused attention and follow instructions.  
We will be aware of others whilst we are moving and climbing.  
We will develop our strength, balance and coordination.  
We will use a wide variety of natural materials to construct and model, for a purpose.  
We will use paracord to join.  
We will use tools assisted with an adult.  
We will learn about different animal habitats.

## Rules and Routines

We will continue following Forest School rules and understand why these are important.

- We always listen
- We never put anything into our mouths not even our fingers

## Health and Self Care

With help we will change from our uniform to Forest School clothes.  
We will independently put on and take off our puddle suits and wellington boots.  
We will independently wash our hands thoroughly once we have changed and returned to class.

## Vocabulary

Spring  
Summer  
Heat  
Safety  
Overhand Knot  
Stopper Knot  
Loops  
Fire Steel  
Woodland Axe  
Bow Saw  
Loppers  
Footprints  
High  
Low  
Growth  
Hydrate  
Habitat  
Nest  
Hole  
Dark

## Activities

Mud play  
Shelter Building  
Natural Construction  
Cooking on an open fire (Adult and child 1-1 or 1-2 ratio) hot dogs  
Woodland Walks  
Looking after the school garden  
Knot tying- making ladders  
Rope Swings  
Assisted Tool Work  
Forage to make birds nests  
Revisit Animal Track  
Tunnels  
Climbing Trees  
Bug Hotel Investigation  
Assisted Fire Steel  
Lighting

Forest School